

Psalms of Ascent 122 “Caught Up”
Psalm 122:1-9
January 19, 2025

Psalm 122:1-9

- 1 I was glad when they said to me,
“Let us go to the house of the Lord!”
- 2 Our feet have been standing
within your gates, O Jerusalem!
- 3 Jerusalem—built as a city
that is bound firmly together,
4 to which the tribes go up,
the tribes of the Lord,
as was decreed for[a] Israel,
to give thanks to the name of the Lord.
- 5 There thrones for judgment were set,
the thrones of the house of David.
- 6 Pray for the peace of Jerusalem!
“May they be secure who love you!
- 7 Peace be within your walls
and security within your towers!”
- 8 For my brothers and companions' sake
I will say, “Peace be within you!”
- 9 For the sake of the house of the Lord our God,
I will seek your good.

What feelings and thoughts got you up and out of bed this morning?

Psalm 122:3-5

- 3 Jerusalem—built as a city
that is bound firmly together,
4 to which the tribes go up,
the tribes of the Lord,
as was decreed for[a] Israel,
to give thanks to the name of the Lord.
- 5 There thrones for judgment were set,
the thrones of the house of David.

Security. Unity. Justice.

Bigger on the inside than on the outside.

Psalm 122:6-7

- 6 Pray for the peace of Jerusalem!
“May they be secure who love you!

7 Peace be within your walls
and security within your towers!"

Luke 19:41-42

41 And when he drew near and saw the city, he wept over it, 42 saying, "Would that you, even you, had known on this day the things that make for peace! But now they are hidden from your eyes.

Hebrews 3:3-6

3 For Jesus has been counted worthy of more glory than Moses—as much more glory as the builder of a house has more honor than the house itself. 4 (For every house is built by someone, but the builder of all things is God.) 5 Now Moses was faithful in all God's house as a servant, to testify to the things that were to be spoken later, 6 but Christ is faithful over God's house as a son. And we are his house, if indeed we hold fast our confidence and our boasting in our hope.

Through Jesus, a new humanity is formed.

Ephesians 2:13-16

13 But now in Christ Jesus you who once were far off have been brought near by the blood of Christ. 14 For he himself is our peace, who has made us both one and has broken down in his flesh the dividing wall of hostility 15 by abolishing the law of commandments expressed in ordinances, that he might create in himself one new man in place of the two, so making peace, 16 and might reconcile us both to God in one body through the cross, thereby killing the hostility.

Psalms 122:8-9

8 For my brothers and companions' sake

I will say, "Peace be within you!"

9 For the sake of the house of the Lord our God,

I will seek your good.

The miracles of redemption and salvation turn into prayers for others.

Life Group Discussion Questions

- What did God say to you through His Word during our Sunday gathering?
- Psalm 122 expresses delight in being gathered with God's people. When have you been most excited about going to church? When has it been difficult to be glad and excited about church?
- How might the Church express the idea of being bigger on the inside than on the outside?
- Have you had an interaction with someone at church that surprised you and made you aware that God was active?
- How might the church be a safe "place" walled among enemies? How might the need and hope for security be experienced among God's people?

- Why is unity be an important display of the gospel? What makes unity difficult to experience?
- Discuss the idea in Psalm 122 that gratitude and worship turn into praying and working for the well-being of others.
- How can your Life Group help you apply this passage to your life this week?