

Psalms of Ascent 123 “Faithful Waiting”
Psalm 123:1-4
January 26, 2025

Psalm 123:1-4

- 1 To you I lift up my eyes,
O you who are enthroned in the heavens!
- 2 Behold, as the eyes of servants
look to the hand of their master,
as the eyes of a maidservant
to the hand of her mistress,
so our eyes look to the Lord our God,
till he has mercy upon us.
- 3 Have mercy upon us, O Lord, have mercy upon us,
for we have had more than enough of contempt.
- 4 Our soul has had more than enough
of the scorn of those who are at ease,
of the contempt of the proud.

A lament is a plea for help.

What does the psalmist look to God for?
Why is the psalmist weary?
How can we faithfully wait on God?

“Mercy” can also translated favor.

Psalm 123:4
Our soul has had more than enough
of the scorn of those who are at ease,
of the contempt of the proud.

"When pain is brought to speech, it turns to energy. If it is not brought to speech, it turns to despair."

We heal at the level we are willing to be honest.

How do we faithfully wait? Watch like a servant.

1 Peter 4:1
Since therefore Christ suffered in the flesh, arm yourselves with the same way of thinking, for whoever has suffered in the flesh has ceased from sin.

Life Group Discussion Questions

- What did God say to you through His Word during our Sunday gathering?
- Why might someone feel uncomfortable sharing their disappointments with God? How might expressing hurt to God seem faithless than faithful?
- Have you ever been weary of the world? Have you ever been caught on the wrong end of a joke, where your faith was made fun of?
- What might it mean for Jesus to pray Psalm 123, for Jesus to be treated with contempt and to lift his eyes to the Father?
- Discuss the idea that we heal at the level we are willing to be honest.
- Consider your relationships. How might sharing disappointments be a sign of intimacy and closeness? How can sharing your discouragements be an investment in the relationship?
- The psalmist highlights the waiting posture of a servant. What can we learn from a servant's posture? How might taking on the role of a servant adjust our prayers and impatience?
- How can your Life Group join you in faithfully waiting on the Lord?