

The Blessing of the Lord
Psalm 134
April 12, 2025

1 Now bless the Lord,
all you servants of the Lord
who stand in the Lord's house at night!
2 Lift up your hands in the holy place
and bless the Lord!
3 May the Lord,
Maker of heaven and earth,
bless you from Zion.

1. Intro

1. Main Idea - We praise God for his incredible blessing

1. What does it mean to bless the Lord
2. Why should we bless Him?
3. We praise God for his incredible blessing

2. What does it mean to bless God

1. What do you think when you hear that?

1. Do you need to give something to God? Is that blessing him

1. Deuteronomy 26 - place the fruit in a basket and give it to the Lord
2. Leviticus 27 - give 10% of everything to the Lord
3. You aren't making his life better though?

2. Why should we bless him

1. He delivers

1. Looking back at **Psalm 120 - 1 In my distress I called to the Lord, and he answered me. 2 "Lord, rescue me from lying lips and a deceitful tongue." 3 What will he give you, and what will he do to you, you deceitful tongue? 4 A warrior's sharp arrows with burning charcoal! 5 What misery that I have stayed in Meshech, that I have lived among the tents of Kedar! 6 I have dwelt too long with those who hate peace. 7 I am for peace; but when I speak, they are for war.**

2. Consider the many ways He has delivered them

1. He is the one with steadfast and unfailing love
2. He is the one who doesn't sleep or slumber
3. He is the one who clothes us with salvation
4. He is the covenant keeper
5. He the redeemer and it's plentiful!
6. He is the one who gives forgiveness and hears our cry for mercy
7. He is the giver of all God's gifts
8. He is the one who watches, builds, and restores us
9. He is the one who leads

4. **Proverbs 16.19 - A person's heart plans his way, but the LORD determines his steps."**

2. He is seated
 4. But in Christ the work is done
 1. Matthew 26.64 - "You have said so," Jesus replied. "But I say to all of you: From now on you will see the Son of Man sitting at the right hand of the Mighty One and coming on the clouds of heaven."
 3. Because You are part of his Kingdom
 1. He has saved you into His Holy Place - 1 Peter 2.9 - 9 But you are a chosen people, a royal priesthood, a holy nation, God's special possession, that you may declare the praises of him who called you out of darkness into his wonderful light.
 2. Worship Him by lifting your hands
3. We praise God for his incredible blessing!
 1. The Priestly Blessing from Aaron in Numbers 6 - "The Lord bless you and keep you; 25 the Lord make his face shine on you and be gracious to you; 26 the Lord turn his face toward you and give you peace."
 2. Do you realize who we call on - The Maker of Heaven and Earth
 5. This God blesses You!
 1. Derek Kidner - the exchange is quite unequal to bless God is to acknowledge gratefully what he is; but to bless man God must make of him (man) what he is not and give him (man) what he has not!
 2. You have tried and tried and tried - desired and desired, but you have wanted the wrong thing
 6. And this is the ultimate blessing...
 1. CHRIST CAME DOWN and built his temple in you!!!!
 2. Ephesians 1.3-6 3 Blessed is the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavens in Christ. 4 For he chose us in him, before the foundation of the world, to be holy and blameless in love before him. 5 He predestined us to be adopted as sons through Jesus Christ for himself, according to the good pleasure of his will, 6 to the praise of his glorious grace that he lavished on us in the Beloved One.

Life Group Discussion Questions

- Can you recall the feeling of finishing a long journey or a hard task? How did you feel? Would you do it again?
- Which of the Psalms of Ascent has been your favorite? Do you have a sermon from this series that has been the most impactful?
- What did God say to you during our Sunday gathering?
- When is a time you felt the protection of the Lord?
- What are ways you can "bless God" (v 2) today?
- How does this psalm point us to Jesus? Why is it vital that we see Him as our ultimate blessing? Read Ephesians 1:3-6.
- How does the blessing of God change our perspective? How does this point to the importance of personal and corporate worship?
- How is trying to receive a blessing apart from the Lord lead to failure?
- From you Life Group time, what is an idea or two from your discussion that you can work to apply this week?