

## **Psalms of Ascent “Blessings”**

### **Psalm 134**

**April 13th 2025**

Psalm 134 ESV

A Song of Ascents.

Come, bless the Lord, all you servants of the Lord,  
who stand by night in the house of the Lord!

Lift up your hands to the holy place  
and bless the Lord!

May the Lord bless you from Zion,  
he who made heaven and earth!

### **The road of discipleship**

#### **Blessing God**

#### **Seeing Clearly**

#### **A Life that looks to Jesus**

#### **The four Gs**

- God is Great – So we don't have to be in control.
- God is Glorious – So we don't have to fear others.
- God is Good – So we don't have to look elsewhere.
- God is Gracious – So we don't have to prove ourselves.

Hebrews 12:28 ESV

Therefore let us be grateful for receiving a kingdom that cannot be shaken, and thus let us offer to God acceptable worship, with reverence and awe

2 Corinthians 5:17 ESV

Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come.

Philippians 2:5–10 ESV

Have this mind among yourselves, which is yours in Christ Jesus, who, though he was in the form of God, did not count equality with God a thing to be grasped, but emptied himself, by taking the form of a servant, being born in the likeness of men. And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross. Therefore God has highly exalted him and bestowed on him the name that is above every name, so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth,

## **Life Group Questions**

1. What did God say to you through His Word during our Sunday gathering?
2. Look back through the Psalms of Ascent and review the different themes represented. Does this psalm feel like an appropriate conclusion to this journey? How so?
3. In your own words, how would you describe the idea of “blessing”? What is the difference between our blessing of God and His blessing of us?
4. How does blessing God change our perspective? How does this point to the importance of personal and corporate worship?
5. How does blessing God free us in life?
6. How does this psalm point us to Jesus? Why is it vital that we see Him as our ultimate blessing?
7. How could my life group help me live out the truths of Psalm 125?